

What is Healthwatch?



This is a leaflet about **Healthwatch**.
It will tell you some of the things
Healthwatch does.



Healthwatch is a group that asks people
what they think of health and social care.



They tell this to people who can
change things.



They don't check your health.



Healthwatch also help people complain
about bad health services.



Healthwatch also gives information about health and social care.



You can **volunteer** with Healthwatch.

This means you will work with Healthwatch but won't get paid.
This can help you:

- get skills for a paid job
- meet new people
- try new things



To find out more about
Healthwatch Southend:

- telephone them on **01702 220 104**
- email them at
info@HealthwatchSouthend.co.uk

